

DEFEND



# Moov

## SCHOOL EDUCATION PROGRAM

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### PREVENTION TIPS 1

Head lice can't jump or fly, so transfer occurs by direct head-to-head contact. Minimise your kids' chances of catching head lice by discouraging them from sharing hats and hair brushes in the playground.

### PREVENTION TIPS 2

Long hair should be tied back in pigtails or a ponytail. This makes it harder for the head lice to gain access to the hair.

### PREVENTION TIPS 3

Talk to other parents about head lice and do a quick check over of your kid's hair every night if possible. The quicker you get on top of an infestation, the easier it will be to help clear it.

### PREVENTION TIPS 4

Use a defence product against head lice. Using a product like MOOV Defence Spray can make your child's hair unpleasant to head lice and help defend against the itchy critters for the duration of an 8-hour school day.